

Introduction to the triennial assessment

Local school wellness
policy triennial assessment





The Triennial Assessment

- USDA Final Rule for Local School Wellness Policy Implementation
- All school food authorities (SFAs)
- Triennial review of local school wellness policy
- First review was due June 30, 2020
 - COVID-19 waivers extended due date

Compare to model policy

Examine your school wellness policy against a model policy

Compliance (policy and practice)

Assess your district's compliance in policy and practice with:

- The federal requirements
- Additional requirements in your policy

Progress on goals

Document your progress toward meeting wellness goals

Share assessment

Share the assessment with the public and during your next Administrative Review

Triennial assessment requirements



Step 1

Complete the WellSAT Policy

- Compare your policy to a model policy
- Assess compliance with federal requirements in your written policy

Step 2

Complete the WellSAT Practice

- Assess compliance with your written policy
- Assess compliance with federal requirements in your practice implementation

Step 3

Compare scores and summarize

- Document your progress toward meeting wellness goals

Step 4

Share your assessment report

- Share your assessment with the public
- Share your assessment during your next Administrative Review

Federal Requirements

**Nutrition
Environment
& Services**

**Nutrition
Education**

**Physical
Education &
Physical
Activity**

**Employee
Wellness**

Integration & Coordination

What is the WellSAT?

How to use the online tool

Welcome to the WellSAT

This Wellness School Assessment Tool (WellSAT) website is where you can score your written district wellness policy and rate your district's implementation of school wellness practices.

[Get Started](#)

Triennial Assessment

Learn more about the triennial assessment process for local school wellness policies.

[Learn More](#)

Preview Questions

Do you want to look through the questions without saving your responses?
You can test out the assessment here.

[Learn More](#)

www.WellSAT.org Homepage

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About the WellSAT

Previewing items

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Preview Questions


























Do you want to look through the questions without saving your responses? You can test out the assessment here.

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About the WellSAT

Logging in


















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Name	Date	LEA	Edit Scoring	Scorecard	
 Test 1	9/2024	None	 Policy		...
 Test 2	9/2024	None	 Policy  Practice	 Policy	...
 Test 3	9/2024	MANCHESTER	 Policy  Practice	 Policy  Practice	...
 Triennial Assessment 1	9/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...
 Triennial Assessment 2	10/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...

(S) Shared with me, (A) Archived

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Name	Date	LEA	Edit Scoring	Scorecard	
 Test 1	9/2024	None	 Policy		...
 Test 2	9/2024	None	 Policy  Practice	 Policy	...
 Test 2	8/2024	Test	 Policy		...
 Test 3	9/2024	MANCHESTER	 Policy  Practice	 Policy  Practice	...
 Triennial Assessment 1	9/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...
 Triennial Assessment 2	10/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...

Creating a new assessment



Quick tip: Naming your triennial assessment

Be descriptive

Don't abbreviate

Suggested format:














[District or School Name] Triennial Assessment [Year]

Springfield Public Schools Triennial Assessment 2024

Austin ISD Triennial Assessment 2024



















St. James School Triennial Assessment 2024

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 Triennial Assessment 2	10/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...

Sharing an assessment

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 Triennial Assessment 2	10/2024	None	 Policy  Practice  Triennial	 Policy  Practice  Triennial	...

Your Assessments



☒ Federal Requirements

☐ Nutrition Environment

☐ Nutrition Education

☐ Physical Activity

☐ Employee Wellness

☐ Nutrition & Education

FR1 Includes goals for nutrition education that are designed to promote student wellness.

Federal Rule language states that policies must include "specific goals for nutrition education, physical activity, and other school-based activities that promote student wellness."

N/A - Not applicable

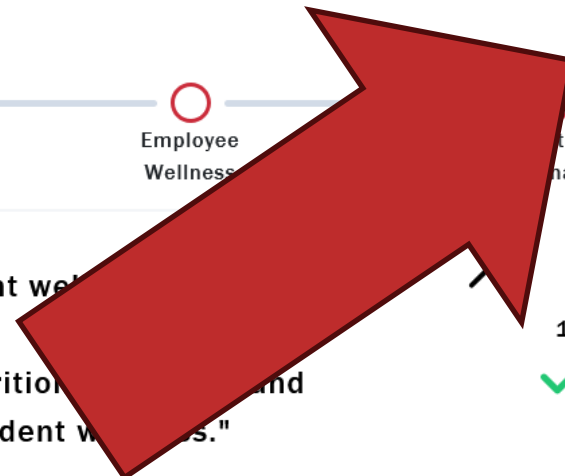
0 Either no goals for nutrition education are mentioned or policy clearly detracts from requirement

- 1 Any of the following:
- Nutrition education goal is implied
 - Policy only repeats the language of the federal wellness requirement regarding nutrition education
 - Policy only mentions "total learning environment" language and no other NE-related language included

Examples:

- "The district is committed to nutrition education"
- "Includes goals for nutrition education...designed to promote student wellness in a manner that the local education agency deems is appropriate" (and no other NE goals are stated)

1



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Timing out

Thank you!



WellSAT

wellsat.org

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