



***Whole School, Whole Community, Whole Child School
Policy Assessment Tool***

Version 1.0

SCORESHEET












Note. This scoresheet must be used in conjunction with the **WellSAT WSCC Coding Guide**.

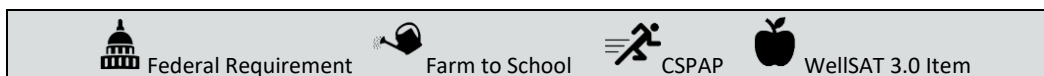
For additional technical assistance, please refer to the **WellSAT WSCC User Manual**.

Suggested Citation: Chafouleas, S. M., Schwartz, M. B., Koriakin, T. A., & McKee, S. L. (2019). *WellSAT WSCC School Policy Evaluation Tool (Version 1.0)*. Storrs, CT: University of Connecticut.

























PHYSICAL ACTIVITY (PA)

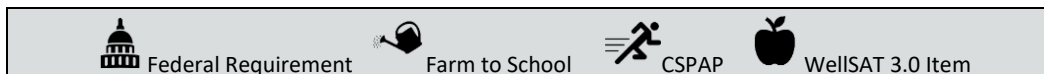
		Rating
 PA1	There is a written physical education curriculum for grades K-12.	
 PA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	
 PA3a	Addresses time per week of physical education instruction for all elementary school students. Use N/A if no elementary school in district.	
 PA3b	Addresses time per week of physical education instruction for all middle school students. Use N/A if no middle school in district.	
 PA3c	Addresses time per week of physical education instruction for all high school students. Use N/A if no high school in district.	
 PA4	Addresses qualifications for physical education teachers for grades K-12.	
 PA5	Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	
 PA6	Addresses recess for all elementary school students. Use N/A if no elementary schools in district.	
 PA7	Addresses physical activity breaks during school.	
 PA8	Addresses physical activity not being used as a punishment.	
 PA9	Addresses physical activity not being withheld as a punishment.	
<i>Subtotal for Section 1: PEPA</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	








NUTRITION ENVIRONMENT AND SERVICES

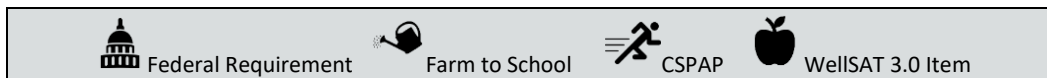
		Rating
  NES1	Assures compliance with USDA nutrition standards for reimbursable school meals.	
  NES2	Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	
  NES3	Addresses fundraising with food to be consumed during the school day.	
  NES4	Free drinking water is available during meals.	
 NES5	Addresses availability of free drinking water throughout the school day.	
  NES6	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	
 NES7	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	
 NES8	Specifies strategies to increase participation in school meal programs.	
  NES9	Links nutrition education with the food environment.	
 NES10	Addresses the amount of "seat time" students have to eat school meals.	
  NES11	Addresses purchasing local foods for the school meals program.	
 NES12	Specifies marketing to promote healthy food and beverage choices.	
 NES13	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	
 NES14	Addresses food not being used as a reward.	
 NES15	Regulates food and beverages served at class parties and other school celebrations in elementary schools.	
<i>Subtotal for Section 2: NES</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





HEALTH EDUCATION

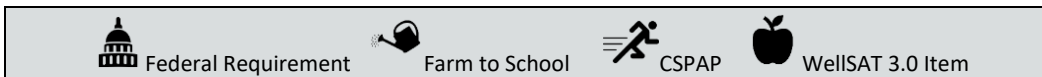
		Rating
HE1	Addresses health education for students in district (e.g., hours, semesters, etc.)	
HE2	Specifies that health education is provided by qualified, trained professionals.	
HE3	Includes topics for health education that are designed to promote student wellness.	
  HE4	Includes goals for nutrition education that are designed to promote student wellness.	
 HE5	Addresses alignment between health education curriculum goals and the needs of students in the community.	
HE6	Addresses opportunities for interdisciplinary connections and practicing health-related skills outside of health education classes.	
HE7	Addresses National Health Education Standards (NHES).	
HE8	Incorporates the CDC's characteristics of an effective health education curriculum.	
HE9	Specifies that health education curriculum will be evaluated and revised.	
<i>Subtotal for Section 3: HE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





SOCIAL & EMOTIONAL CLIMATE

		Rating
SEC1	Addresses participation in school climate surveys.	
SEC2	Addresses sharing aggregate results of school climate surveys with stakeholders (e.g., families, community members, staff, state and/or district leadership).	
SEC3	Addresses promoting positive relationships between students and employees.	
SEC4	Identifies school-wide approaches to prevent and address harassment, bullying, and cyberbullying.	
SEC5	Addresses diversity and inclusion to promote engagement of all students in school activities.	
SEC6	Addresses reviewing and responding to school climate data (e.g., bullying reports, discipline data, or other related data sources).	
SEC7	Addresses use of positive behavior support practices.	
SEC8	Addresses minimization of exclusionary disciplinary practices (e.g., suspension and expulsion).	
SEC9	Addresses social emotional learning across grade levels.	
SEC10	Connects social emotional learning standards and academic standards.	
<i>Subtotal for Section 4: SEC</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





SAFE ENVIRONMENT

		Rating
SE1	Identifies regular cleaning and maintenance practices for district buildings.	
SE2	Addresses prevention and safe removal (if applicable) of mold and moisture in district buildings.	
SE3	Addresses reduction/minimization of student and staff exposure to toxins (e.g., vehicle exhaust, mold, air pollution, pesticides, cleaning products).	
SE4	Addresses air quality and ventilation for district buildings and grounds.	
SE5	Specifies system for monitoring and addressing water quality in district buildings.	
SE6	Specifies an integrated pest management plan.	
SE7	Addresses district buildings' physical condition including lighting, noise, ventilation, moisture, and temperature during normal operating hours and construction.	
SE8	Addresses student and employee involvement in maintaining the school physical environment.	
SE9	Addresses maintenance of facilities and compliance to safety standards.	
SE10	Specifies physical safety measures (e.g., double entry access, surveillance, locked doors and windows) and/or procedures in district buildings and grounds (e.g., active supervision of hallways, check in check out systems for visitors, safe transport).	
SE11	Addresses the establishment on an ongoing school safety team.	
SE12	Specifies a crisis preparedness and response plan.	
SE13	Addresses presence of and training for school resource officers in district buildings (if applicable).	
<i>Subtotal for Section 5: SE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	



Federal Requirement



Farm to School



CSPAP



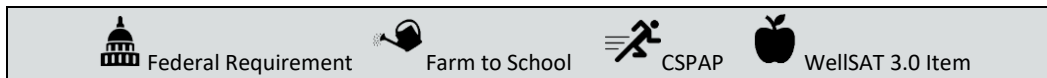
WellSAT 3.0 Item





HEALTH SERVICES

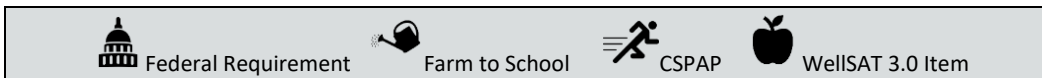
		Rating
HS1	Addresses presence of qualified health service providers in district schools.	
HS2	Addresses communication and care coordination with community-based healthcare providers to meet student health needs.	
HS3	Addresses alignment of health services with the health needs of students in the community.	
HS4	Addresses engagement of and communication with families to address individual student health needs.	
HS5	Specifies opportunities for dissemination of health information resources to students and families (e.g., pamphlets, flyers, posters).	
HS6	Addresses student physical health screenings (e.g., vision, hearing).	
HS7	Addresses assessment and planning for chronic disease management to meet individual student needs (e.g., asthma, diabetes, etc.)	
HS8	Addresses management of allergies in the school environment.	
HS9	Addresses provision of acute and emergency care.	
HS10	Specifies a health services response to student sexual risk behavior (HIV/STD).	
HS11	Specifies a health services response to student substance use (e.g., opioid overdose prevention policy).	
<i>Subtotal for Section 6: HS</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	






BEHAVIORAL SUPPORTS

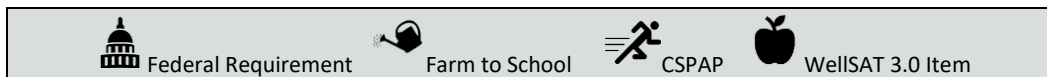
		Rating
BS1	Addresses methods and procedures to identify students with social, emotional, and/or behavioral (SEB) needs (i.e., what methods or procedures are in place if a student has a suspected behavioral risk).	
BS2	Identifies an internal (within school) referral systems for SEB needs (e.g., Student Assistant or Student Support Team or other internal referral system or other means by which the student will gain access to service after identification).	
BS3	Addresses presence of credentialed behavioral health service providers in district schools (e.g., social workers, school psychologists, and/or school counselors).	
BS4	Addresses use of evidence-based prevention and intervention strategies to meet a continuum of SEB needs.	
BS5	Defines a data-driven process for monitoring response to supports for students with SEB needs.	
BS6	Addresses communication and care coordination with community-based providers to meet student SEB needs.	
BS7	Addresses engagement of and communication with families to address SEB needs.	
<i>Subtotal for Section 7: BS</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	










EMPLOYEE WELLNESS

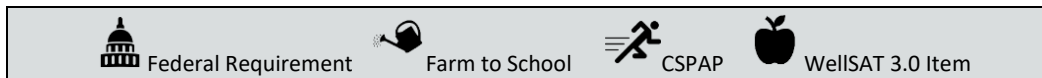
		Rating
EW1	Designates employee wellness as a priority in the district organization structure.	
EW2	Addresses sharing of health education materials with school employees.	
EW3	Addresses coordination with health insurance providers to conduct health risk screening.	
EW4	Addresses creating an environment that supports employees' healthy lifestyles.	
EW5	Addresses social and emotional supports for school employees including the use of Employee Assistance Programs or other programs.	
EW6	Includes use of employee input in design and evaluation of employee wellness programs.	
EW7	Addresses tobacco use by school employees.	
 EW8	Encourages staff to model healthy eating and physical activity behaviors.	
EW9	Addresses promotion of a positive workplace climate.	
EW10	Addresses space and break time for lactation/breast feeding.	
EW11	Addresses methods to encourage participation in available wellness programs.	
<i>Subtotal for Section 8: EW</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	







COMMUNITY INVOLVEMENT





		Rating
 CI1	Addresses community representation on district wellness committee.	
 CI2	Addresses how community stakeholders will participate in the development, implementation, and periodic review and update of the local wellness policy.	
  CI3	Addresses making the wellness policy available to the public.	
 CI4	Joint or shared-use agreements for physical activity participation at all schools.	
CI5	Specifies community-based opportunities for student service learning.	
<i>Subtotal for Section 9: CI</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	





FAMILY ENGAGEMENT

		Rating
 FE1	Addresses family representation on district wellness committee.	
 FE2	Addresses how families will participate in the development, implementation, and periodic review and update of the local wellness policy.	
FE3	Addresses opportunities for ongoing, sustained family engagement throughout the school year.	
FE4	Addresses regular two-way communication with families.	
FE5	Addresses alignment of family engagement activities and the needs of the community.	
FE6	Addresses alignment of family engagement programs and district wellness objectives.	
FE7	Addresses use of culturally responsive practices to engage families.	
FE8	Addresses sharing wellness-related information with families.	
FE9	Addresses school-based volunteer opportunities for families (e.g., parent teacher associations, parent teacher organizations, family-school committees).	
<i>Subtotal for Section 10: FE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

 Federal Requirement	 Farm to School	 CSPAP	 WellSAT 3.0 Item
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IMPLEMENTATION, INTEGRATION, AND EVALUATION

		Rating
IIE1	Specifies use of Centers for Disease Control and Prevention’s WSCC model or other coordinated/comprehensive method to guide wellness activities.	
IIE2	Addresses the establishment of an ongoing district wellness committee.	
IIE3	Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	
IIE4	Addresses diverse representation on district wellness committee outside of federal requirements to reflect WSCC domains (e.g., behavioral health, physical environment, employee wellness).	
IIE5	Addresses the establishment of an ongoing school building level wellness committee. This may also be called a school health team, school health advisory committee, or similar name.	
IIE6	Identifies the officials responsible for implementation and compliance with the wellness policy.	
IIE7	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	
IIE8	Addresses a plan to assess the impact of wellness policy on behavioral health and educational outcomes, including a person/group responsible for tracking outcomes (e.g., student and employee attendance, office discipline referrals, BMI screenings).	
IIE9	Triennial assessment results will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA’s local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy.	
IIE10	Addresses a plan for updating policy based on results of the triennial assessment.	
IIE11	Addresses use of culturally inclusive practices in school wellness activities.	
IIE12	Identifies funding support for wellness activities.	
IIE13	Identifies professional learning opportunities for district employees to support wellness policy implementation.	
<i>Subtotal for Section 11: IIE</i>	Comprehensiveness Score: Count the number of items rated as "1" or "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	
	Strength Score: Count the number of items rated as "2." Divide this number by the total number of items, excluding those that are not applicable (N/A). Multiply by 100.	

Federal Requirement	Farm to School	CSPAP	WellSAT 3.0 Item
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